

Holy Hour in times of Corona

Passion- and Holy Week

Introduction

V: God come to my assistance
R: Lord make haste to help me
Glory be to the Father and to the Son
and to the Holy Spirit:
as it was in the beginning,
is now and ever shall be, world without end.
Amen.

Hymn

1. Hail our Savior's glorious Body, which His Virgin Mother bore; Hail the blood which bleed for sinners, did a broken world restore; Hail the sacrament most holy, flesh and blood of Christ adore!
2. To the Virgin, for our healing, His own Son the Father sends; From the Father's love proceeding sower, seed and word descends; wondrous life of Word Incarnate with His greatest wonder ends.
3. On that paschal evening see Him with the chosen twelve recline, to the old law still obedient in its feast of love divine; love divine, the new law giving, gives himself as bread and wine.
4. By His word the Word almighty makes of bread His flesh indeed; wine becomes his very life blood; faith God's living Word must heed! Faith alone might simply guide us where the senses cannot lead.
5. Come, adore this wondrous presence; bow to Christ, the source of grace! Here is kept the ancient promise of God's earthly dwelling place! Sight is blind before God's glory, faith alone may see His face!
6. Glory be to God the Father, praise to His co-equal Son, Adoration to the Spirit, bond of love, in God-head one! Blest be God by all creation joyously while ages run!

Reading of the Book of Lamentations

Litany of the Saints

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.
Christ, hear us.

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.
Christ, graciously hear us.

God, the Father of Heaven, have mercy on us.
God the Son, Redeemer of the world, have mercy on us.
God the Holy Spirit, have mercy on us.
Holy Trinity, one God, have mercy on us.

Holy Mary,	pray for us.	All you Holy Apostles and	
Holy Mother of God,	pray for us.	Evangelists,	pray for us.
Holy Virgin of Virgins,	pray for us.	St. Mary Magdalene,	pray for us.
St. Michael,	pray for us.	St. Johanna	pray for us.
St. Gabriel,	pray for us.	St. Cleopas,	pray for us.
St. Raphael,	pray for us.	All you Holy Disciples of the Lord,	
All you Holy Angels and Archangels			pray for us.
	pray for us.	All you Holy Innocents,	pray for us.
St. John the Baptist,	pray for us.		
St. Joseph,	pray for us.	St. Stephen,	pray for us.
All you Holy Patriarchs and		St. Lawrence,	pray for us
Prophets,	pray for us.	St. Vincent,	pray for us.
St. Peter,	pray for us.	St. Fabian and Sebastian,	pray for us.
St. Paul,	pray for us.	St. John and Paul,	pray for us.
St. Andrew,	pray for us.	St. Cosmas and Damian,	pray for us
St. James,	pray for us.	St. Agatha,	pray for us.
St. John,	pray for us.	St. Lucy,	pray for us.
St. Thomas,	pray for us.	St. Agnes,	pray for us.
St. James,	pray for us.	St. Cecilia,	pray for us.
St. Philip,	pray for us.	St. Anastasia,	pray for us.
St. Bartholomew,	pray for us.	All you Holy Martyrs,	pray for us.
St. Matthew,	pray for us.		
St. Simon,	pray for us.	St. Sylvester,	pray for us.
St. Jude,	pray for us.	St. Gregory,	pray for us.
St. Matthias,	pray for us.	St. Ambrose,	pray for us.
St. Barnabas,	pray for us.	St. Augustine,	pray for us.
St. Luke,	pray for us.	St. Jerome,	pray for us.
St. Mark,	pray for us.	St. Martin,	pray for us

St. Nicholas, pray for us.
St. John XXIII, pray for us.
St. John Paul II., pray for us.
St. Oscar Romero, pray for us.
All you Holy Bishops pray for us.

St. Anthony, pray for us.
St. Benedict, pray for us.
St. Maroun, pray for us.
St. Saba, pray for us.
St. Bernard, pray for us.
St. Dominic, pray for us.
St. Francis, pray for us.
St. Jean Baptiste de la Salle

pray for us
St. John Don Bosco pray for us
St. Charbel, pray for us.
St. Pio de Pietrelcina, pray for us.
St. Clare, pray for us.
St. Brigid pray for us.
St. Maria Alfonsina pray for us.
St. Therese of Avila, pray for us.
St. Therese of Lisieux, pray for us.
St. Therese of Calcutta, pray for us.
St. Rifqa, pray for us.
All you Religious, pray for us.

Holy Father Ignatius, pray for us.
St. Francis Xavier, pray for us.
St. Francis Borgia, pray for us.
St. Peter Faber, pray for us.
St. Stanislaus Kostka, pray for us.
St. Edmund Campion, pray for us.
St. Aloysius Gonzaga, pray for us.
St. John Berchmans, pray for us.
St. Paul Miki, pray for us.
St. Peter Canisius, pray for us.
St. Robert Bellarmine, pray for us.
St. John Ogilvie, pray for us.

St. John Francis Regis pray for us.
St. Alphonsus Rodriguez, pray for us.
St. Melchior Grodziecki, pray for us.
St. Roch Gonzalez pray for us.
St. John de Brébeuf , pray for us.
St. Peter Claver, pray for us.
St. Andrew Bobola, pray for us.
St. John de Brito, pray for us.
St. Claude LaColumbière, pray for us.
St. Joseph Pignatelli pray for us.
St. Leo Mangion, pray for us.
St. Joseph Rubio, pray for us.
St. Joseph de Anchieta, pray for us.
St. James Berthieu, pray for us.
St. Alberto Hurtado, pray for us.
Bl. Miguel Pro, pray for us.
Bl. Francis Garate pray for us.
Bl. Rupert Mayer pray for us.
All you Saints and blessed of the
Society of Jesus, pray for us.

St. Acacius pray for us.
St. Barbara pray for us.
St. Blaise pray for us.
St. Christopher pray for us.
St. Cyriacus pray for us.
St. Catherine pray for us.
St. Denis pray for us.
St. Erasmus pray for us.
St. Eustace pray for us.
St. George pray for us.
St. Giles pray for us.
St. Margaret pray for us.
St. Pantaleon pray for us.
St. Vitus pray for us.
St. Roque pray for us.
All You Holy Helpers, pray for us

True God and true man, truly present in this holy Sacrament.
We adore you, O Lord
Our Savior, God with us, faithful and rich in mercy
We adore you, O Lord
King and Lord of creation and of history
We adore you, O Lord
Conqueror of sin and death
We adore you, O Lord
Friend of humankind, the Risen One, the Living One who sits at the right
hand of the Father.
We adore you, O Lord

Only begotten Son of the Father, descended from heaven for our salvation
We believe in you, O Lord
Heavenly physician, who bows down over our misery
We believe in you, O Lord
Lamb who was slain, who offer yourself to rescue us from evil
We believe in you, O Lord
Good Shepherd, who give your life for the flock which you love
We believe in you, O Lord
Living bread and medicine for immortality, who give us eternal life
We believe in you, O Lord

From the power of Satan and the seductions of the world
Deliver us, O Lord
From the pride and presumption of being able to do anything without you
Deliver us, O Lord
From the deceptions of fear and anxiety
Deliver us, O Lord
From unbelief and desperation
Deliver us, O Lord
From hardness of heart and the incapacity to love
Deliver us, O Lord
From every evil that afflicts humanity
Save us, O Lord
From hunger, from faming and from egoism
Save us, O Lord
From illnesses, epidemics and the fear of our brothers and sisters
Save us, O Lord
From devastating madness, from ruthless interests and from violence
Save us, O Lord

From being deceived, from false information and the manipulation of
consciences Save us, O Lord

Protect your Church which crosses the desert Comfort us, O Lord
Protect humanity terrified by fear and anguish Comfort us, O Lord
Protect the sick and the dying, oppressed by loneliness Comfort us, O Lord
Protect doctors and healthcare providers exhausted by the difficulties the
they are facing Comfort us, O Lord
Protect politicians and decision makers who bear the weight of having to
make decisions Comfort us, O Lord

In the hour of trial and from confusion Grant us your Spirit, O Lord
In temptation and in our fragility Grant us your Spirit, O Lord
In the battle against evil and sin Grant us your Spirit, O Lord
In the search for what is truly good and true joy
Grant us your Spirit, O Lord
in the decision to remain in you and in your friendship
Grant us your Spirit, O Lord

Should sin oppress us Open us to hope, O Lord
Should hatred close our hearts Open us to hope, O Lord
Should sorrow visit us Open us to hope, O Lord
Should indifference cause us anguish Open us to hope, O Lord
Should death overwhelm us Open us to hope, O Lord

Lamb of God, who takes away the sins of the world, spare us, O Lord!
Lamb of God, who takes away the sins of the world, graciously hear us.
Lamb of God, who takes away the sins of the world, Have mercy on us.

Christ, hear us, Christ, graciously hear us
Lord Jesus, hear our prayer Lord Jesus, hear our prayer.
Lord, have mercy on us Lord, have mercy on us.
Christ, have mercy on us Christ, have mercy on us.
Lord, have mercy on us Lord, have mercy on us.

Act of spiritual communion

My Jesus,
I believe that You
are present in the Most Holy Sacrament.
I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment
receive You sacramentally,
come at least spiritually into my heart. I embrace You as if You were
already there and unite myself wholly to You. Never permit me to be
separated from You.
Amen.

Benediction

V. Panem de caelo praestitisti eis;

R. Omne delectamentum in se habentem. \

Oremus; Deus, qui nobis sub Sacramento mirabili Passionis tuae
memoriam reliquisti; tribue, quaesumus, ita nos Corporis et Sanguinis tui
sacra mysteria venerari, ut redemptionis tuae fructum in nobis iugiter
sentiamus: Qui vivis et regnas in saecula saeculorum. Amen.

The divine Praises

Blessed be God. Blessed be His Holy Name. Blessed be Jesus Christ, true
God and true man. Blessed be the name of Jesus. Blessed be His Most
Sacred Heart. Blessed be His Most Precious Blood. Blessed be Jesus in the
Most Holy Sacrament of the altar. Blessed be the Holy Spirit, the
Paraclete. Blessed be the great Mother of God, Mary most holy. Blessed be
her holy and Immaculate Conception. Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin, and Mother. Blessed be Saint Joseph,
her most chaste spouse. Blessed be God in His angels and in His saints.

Pope Francis Prayer

O Mary,
you always shine on our path
as a sign of salvation and of hope.
We entrust ourselves to you, Health of the Sick,
who at the cross took part in Jesus' pain, keeping your faith firm.
You, Mother of Deliverance,
know what we need, and we are sure you will provide
so that, as in Cana of Galilee,
we may return to joy and to feasting after this time of trial.
Help us, Mother of Divine Love,
to conform to the will of the Father and to do as we are told by Jesus,
who has taken upon himself our sufferings and carried our sorrows
to lead us, through the cross, to the joy of the resurrection. Amen.

Under your protection, we seek refuge, Holy Mother of God. Do not
disdain the entreaties of we who are in trial, but deliver us from every
danger, O glorious and blessed Virgin.

V. The Angel of the Lord declared unto Mary,

R. And she conceived of the Holy Spirit.

*Hail Mary full of Grace, the Lord is with thee. Blessed are thou amongst women and
blessed is the fruit of thy womb Jesus.*

*Holy Mary Mother of God, pray for us sinners now and at the hour of our death
Amen.*

V. Behold the handmaid of the Lord.

R. Be it done unto me according to Your Word.

V. And the Word was made flesh,

R. And dwelt among us.

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech You, O Lord, Your Grace into our hearts;

That as we have known the incarnation of Christ, your Son by the message of an
angel, so by His passion and cross we may be brought to the glory of His
Resurrection. Through the same Christ, our Lord. Amen.